



THE SUNBIRD

MENU

The Kitchener.
AT THE SUNBIRD





BREAKFAST

SERVED FROM 7AM – 11AM

CEREAL - R40
Corn flakes/ All-bran.

MUESLI - R45
Served with milk & yoghurt.

SUNNY MORNING PANCAKES - R55
2 pancakes served with eggs, 2 rashers of bacon & sausage.

EARLY BIRD - R65
2 eggs, 1 beef/pork sausage, 2 rashers of bacon, grilled tomato, baked beans and a slice of toast.

FRENCHIE ROLL - R65
2 slices of French toast rolled & filled with bacon, spinach & peppers.

CHIRPERS OMELETTE - R68
2 eggs, cheese, assorted peppers, tomatoes with a slice of toast.

SUNNY SIDE FRENCH BED - R68
2 slices of French toast with onion rings, 2 rashers of bacon & eggs.

EGGS BENEDICT - R72
Open bun with spinach leaf, eggs, 2 rashers of bacon topped with hollandaise sauce.

FARMHOUSE BREAKFAST - R95
2 eggs, 1 beef/pork sausage, 3 rashers of bacon, grilled tomato, baked beans, sautéed mushrooms, fries & 2 slices of toast.

Buffet Breakfast - R150
A freshly prepared full English breakfast spread including a selection of cereals, yogurt, fruit, pastries and bottomless juice, tea and coffee.

EXTRAS

Egg – **R15** Bacon – **R30** Beef Sausage – **R26**
Mushrooms – **R16** Pork Sausage – **R20** Onion Rings – **R15**
Baked Beans – **R15**





LIGHT MEALS

CHICKEN CAESAR SALAD - R78

Crisp lettuce topped with cucumber, assorted peppers, cherry tomatoes, carrot sticks, egg, grilled chicken, feta cheese & olives.

CHICKEN STRIPS - R55

Fried/grilled strips served with fries.

CHICKEN WINGS - R75

Tender chicken wings served with fries/salad.

NEST WRAP - R68

Chicken wrap with peppers, lettuce, cucumbers, cheese, tomatoes served with fries.

BEEF QUESADILLA - R72

Grilled tortilla filled with beef, cheese & salsa served with fries.

TOASTED SANDWICHES

Served with fries

CHEESE AND TOMATO - R45 HAM AND CHEESE - R55

CHICKEN AND MAYO - R58 BACON AND EGG - R65

CLUB SAMMY - R95

STARTERS

CHEESY GARLIC ROLL - R30 CHICKEN LIVERS - R55

Served with garlic bread.

CRUMBED MUSHROOMS - R45 ONION RINGS - R40

With cheese sauce.

Crispy deep fried onion rings.

BUTTERNUT SOUP - R45

Served with homemade bread sticks.





MAIN MEALS

STIR FRY - R66

Spicy julienne vegetarian stir fry with spaghetti.

CHICKEN ALFREDO - R105

Classic creamy penne pasta with mushrooms & chicken strips.

BURGER - R90

Chicken/Beef patty with cheese, tomato, lettuce & onion, served with fries.

BIG BACON BEEF BURGER - R145

2 beef patties with bacon, cheese, tomato, lettuce & onion, served with fries.

BEEF LASAGNE - R110

Spicy mince on lasagne bed with cheese sauce.

PORK RIBS

Served with deep fried onion rings and side of choice.

R155 - 400g | R300 - 800g

LAMB CHOPS - R175

3 chops served with mash and vegetable.

T-BONE STEAK - R195

400g served with mash and vegetable.

HAKE FILLET - R95

Deboned Hake fillet served with onion rings and side of choice.

SIDES

Butternut - **R20** Onion Rings - **R20** Steam Bread - **R22**
Mash Potato - **R25** Savoury Rice - **R25** Fries small - **R25**
Fries large - **R50** Greek Salad - **R35** Vegetable - **R30**
Creamy Spinach - **R30**





MAIN MEALS

BUNNY CHOW

Served with carrot salad.

CHICKEN - **R85** BEEF - **R95** MUTTON - **R103**

CURRIES

Served with savoury rice and salsa.

BUTTER CHICKEN - **R90** CHICKEN - **R85**
BEEF - **R95** MUTTON - **R103**

KIDDIES

PORK BANGER ON MASH - **R45** MAC N' CHEESE - **R56**
SPAGHETTI BOLOGNESE - **R68** PIZZA BREAD - **R62**



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PIZZA

CHICKEN & MUSHROOM - R130

Mushroom, chicken, pepper dew & feta.

MEXICAN PIZZA - R140

Spicy beef mince, sliced onion, bell peppers & jalapeno slices.

THE BIRD CIRCLE - R155

Cheese grillers, mushrooms, feta cheese, jalapenos, pineapple and bacon bits.

HAWAIIAN - R95

Ham, pineapple & mozzarella cheese.

VEGETARIAN DELIGHT - R90

Mushroom, olives, bell peppers and feta cheese.

TRADITIONAL DISHES

OX LIVER/ISIBINDI - R60

Served with steamed bread and chutney

OX TRIPE/USU - R65

Served with steamed bread, sambal & coleslaw

OX HEAD/INHLOKO - R70

Served with steamed bread, sambal & coleslaw

SHISANYAMA PLATTERS

Served with steamed bread/fries coleslaw, chakalaka and sambal.

LOVEBIRDS (2) - R195

300g Beef chuck, 4 chicken wings, 200g boerewors.

NECTARINIIDAE (4) - R405

600g Beef chuck, 8 chicken wings, 400g boerewors, 400g pork ribs.

BIRDS OF THE SAME FEATHER (8) - R710

900g Beef chuck, 12 chicken wings, 600g boerewors, 800g pork ribs.





*The
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DESERTS

Vanilla Ice cream - **R30**

Fruit Salad & Ice cream - **R42**

Malva pudding & Custard - **R55**

Mini Trifle & Ice cream - **R45**

Chocolate Brownies & Ice cream - **R45**

Flapjacks with Fresh cream - **R48**

Cake of the day (slice) - **R40**





GUESTHOUSE | CONFERENCE | EVENTS | RESTAURANT

Off R102 Near Gingindlovu, 3800 KwaZulu Natal

